

SINCE 1995

# NEW WORLD

ORGANICS





# Organic Granola 1lb

Our New World Organic Granola is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



Certified Organic by QAI  
Certifié biologique par QAI







## Tropical Fruit & Nut Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Raisins\*, Sunflower Oil\*, Cashews\*, Almonds\*, Coconut\*, Banana Chips\*, Dates\*, Apricots\*, Sunflower Seeds\*, Flax Seeds\*, Sesame Seeds\*, Tocopherols (Natural Vitamin E).

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 255</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 9 g	14 %
Saturated / saturés 2 g	
+ Trans / trans 0 g	10 %
<b>Carbohydrate / Glucides</b> 40 g	
Fibre / Fibres 5g	20 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines</b> 6 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 5 mg	0 %
Potassium 251 mg	5 %
Calcium 39 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is <b>a little</b> , 15% or more is <b>a lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	



## Almond Cashew Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Sunflower Oil\*, Almonds\*, Cashews\*, Sunflower Seeds\*, Sesame Seeds\*, Flax Seeds\*, Tocopherols (Natural Vitamin E).

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 260</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 10 g	16 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	5 %
<b>Carbohydrate / Glucides</b> 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
<b>Protein / Protéines</b> 8 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is <b>a little</b> , 15% or more is <b>a lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	



## Pumpkin Flax Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Pumpkin Seeds\*, Sunflower Oil\*, Sunflower Seeds\*, Sesame Seeds\*.

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 255</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 9 g	14 %
Saturated / saturés 1 g	
+ Trans / trans 0 g	5 %
<b>Carbohydrate / Glucides</b> 40 g	
Fibre / Fibres 5 g	20 %
Sugars / Sucres 7 g	7 %
<b>Protein / Protéines</b> 7 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 5 mg	0 %
Potassium 185 mg	4 %
Calcium 36 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is <b>a little</b> , 15% or more is <b>a lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-10171 UPC: 0 59443 10171

JIVA CODE: NEW-10174 UPC: 0 59443 10174

JIVA CODE: NEW-10175 UPC: 0 59443 10175



# Organic Granola 2lb

Our New World Organic Granola is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



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## Tropical Fruit & Nut Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Raisins\*, Sunflower Oil\*, Cashews\*, Almonds\*, Coconut\*, Banana Chips\*, Dates\*, Apricots\*, Sunflower Seeds\*, Flax Seeds\*, Sesame Seeds\*, Tocopherols (Natural Vitamin E).

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 255</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides</b> 9 g	14 %
Saturated / saturés 2 g	10 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 40 g	
Fibre / Fibres 5g	20 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines</b> 6 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 5 mg	0 %
Potassium 251 mg	5 %
Calcium 39 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a <b>little</b> , 15% or more is a <b>lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	



## Almond Cashew Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Sunflower Oil\*, Almonds\*, Cashews\*, Sunflower Seeds\*, Sesame Seeds\*, Flax Seeds\*, Tocopherols (Natural Vitamin E).

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 260</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides</b> 10 g	16 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
<b>Protein / Protéines</b> 8 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a <b>little</b> , 15% or more is a <b>lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	



## Pumpkin Flax Granola

**INGREDIENTS:** Oats\*, Brown Cane Sugar\*, Pumpkin Seeds\*, Sunflower Oil\*, Sunflower Seeds\*, Sesame Seeds\*.

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g) Par portion (60 g)	
<b>Calories 255</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides</b> 9 g	14 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 40 g	
Fibre / Fibres 5 g	20 %
Sugars / Sucres 7 g	7 %
<b>Protein / Protéines</b> 7 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 5 mg	0 %
Potassium 185 mg	4 %
Calcium 36 mg	3 %
Iron / Fer 2 mg	12 %
5% or less is a <b>little</b> , 15% or more is a <b>lot</b> / * 5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-10116 UPC: 0 59443 10116

JIVA CODE: NEW-10118 UPC: 0 59443 10118

JIVA CODE: NEW-10119 UPC: 0 59443 10119



# Organic Muesli

Our New World Organic Muesli is made in Vancouver, Canada with nutritious seeds & whole grain Canadian oats.



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## Fruit Nut Muesli 2lb

**INGREDIENTS:** Rolled Oat Flakes\*, Raisins\*, Almonds\*, Cashews\*, Sunflower Seeds\*, Flax Seeds\*.

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g)	
Par portion (60 g)	
<b>Calories 237</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 7 g	9 %
Saturated / saturés 1 g	6 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 38 g	
Fibre / Fibres 6 g	21 %
Sugars / Sucres 4 g	4 %
<b>Protein / Protéines</b> 8 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 4 mg	4 %
Potassium 265 mg	6 %
Calcium 49 mg	4 %
Iron / Fer 3 mg	15 %

5% or less is a **little**, 15% or more is a **lot** / \* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-10160 UPC: 0 59443 10160



## Fruit Nut Muesli 1lb

**INGREDIENTS:** Rolled Oat Flakes\*, Raisins\*, Almonds\*, Cashews\*, Sunflower Seeds\*, Flax Seeds\*.

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size (60 g)	
Par portion (60 g)	
<b>Calories 260</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 10 g	16 %
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 38 g	
Fibre / Fibres 6 g	24 %
Sugars / Sucres 10 g	10 %
<b>Protein / Protéines</b> 8 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0 %
Potassium 187 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 2 mg	12 %

5% or less is a **little**, 15% or more is a **lot** / \* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-10161 UPC: 0 59443 10161



## Goji Berry Muesli 1lb

**INGREDIENTS:** Rolled Oats\*, Thompson Raisins\*, Sunflower Seeds\*, Flax Seeds\*, Cashews\*, Almonds\*.

\*Organic Ingredients

Nutrition Facts	
Valeur nutritive	
Serving size 60 g (2 oz)	
Portion de 60 g (2 oz)	
<b>Amount</b>	<b>% Daily Value</b>
<b>Teneur</b>	<b>% valeur quotidienne</b>
<b>Calories / Calories</b> 220	
<b>Fat / Lipides</b> 6 g	10 %
Saturated / saturés 0 g	0 %
+ Trans / trans 0 g	0 %
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 6 mg	0 %
<b>Carbohydrate / Glucides</b> 20 g	2 %
Fibre / Fibres 6 g	24 %
Sugars / Sucres 4 g	
<b>Protein / Protéines</b> 8 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	12 %

JIVA CODE: NEW-10180 UPC: 0 59443 10180



## Natural Almond Butters 355g

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



\*Applicable to select nut butters

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Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
<b>Calories</b> 100			
<b>Fat / Lipides</b> 8 g		12%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
<b>Protein / Protéines</b> 4 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 0 mg		0%	
<b>Potassium</b> 120 mg		3%	
<b>Calcium</b> 56 mg		5%	
<b>Iron / Fer</b> 0.57 mg		3%	

\*5% or less is a **little**, 15% or more is a **lot**  
 \*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40046 UPC: 0 59443 40046



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
<b>Calories</b> 100			
<b>Fat / Lipides</b> 8 g		12%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
<b>Protein / Protéines</b> 4 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 0 mg		0%	
<b>Potassium</b> 120 mg		3%	
<b>Calcium</b> 56 mg		5%	
<b>Iron / Fer</b> 0.57 mg		3%	

\*5% or less is a **little**, 15% or more is a **lot**  
 \*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40047 UPC: 0 59443 40047

## Natural Almond Butter SMOOTH · ROASTED

INGREDIENTS: Natural dry roasted almonds.  
 Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.

## Natural Almond Butter CRUNCHY · ROASTED

INGREDIENTS: Natural dry roasted almonds.  
 Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
<b>Calories</b> 110			
<b>Fat / Lipides</b> 9 g		13%	
Saturated / saturés 0.5 g		3%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3 g		1%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 1 g		1%	
<b>Protein / Protéines</b> 4 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 0 mg		0%	
<b>Potassium</b> 120 mg		3%	
<b>Calcium</b> 56 mg		5%	
<b>Iron / Fer</b> 0.57 mg		3%	

\*5% or less is a **little**, 15% or more is a **lot**  
 \*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40045 UPC: 0 59443 40045



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
<b>Calories</b> 83			
<b>Fat / Lipides</b> 7 g		11%	
Saturated / saturés 3 g		15%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 4 g		??%	
Fibre / Fibres 2 g		6%	
Sugars / Sucres 2 g		2%	
<b>Protein / Protéines</b> 2 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 0 mg		0%	
<b>Potassium</b> 120 mg		3%	
<b>Calcium</b> 56 mg		4%	
<b>Iron / Fer</b> 0.57 mg		3%	

\*5% or less is a **little**, 15% or more is a **lot**  
 \*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40048 UPC: 0 59443 40048

## Natural Cashew Butter 365g SMOOTH · RAW

INGREDIENTS: Natural raw almonds, natural almond oil.  
 Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.

## Natural Coconut Almond Butter 365g

INGREDIENTS: Natural almonds, organic coconut, organic agave syrup, extra virgin oil.  
 Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	
		% valeur quotidienne	
<b>Calories</b> 90			
<b>Fat / Lipides</b> 7 g		11%	
Saturated / saturés 2 g		8%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 6 g		2%	
Fibre / Fibres 1 g		4%	
Sugars / Sucres 4 g		4%	
<b>Protein / Protéines</b> 2 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 0 mg		0%	
<b>Potassium</b> 80 mg		2%	
<b>Calcium</b> 26 mg		2%	
<b>Iron / Fer</b> 0.75 mg		4%	

\*5% or less is a **little**, 15% or more is a **lot**  
 \*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40056 UPC: 0 59443 40056

## Natural Chocolate Almond Butter 365g

INGREDIENTS: Natural almonds, organic fair trade dark chocolate  
 Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



## Natural Almond Butters 500g

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 110</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 9 g</b>	13%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40031 UPC: 0 59443 40031

## Natural Almond Butter SMOOTH · RAW

**INGREDIENTS:** Natural raw almonds, natural almond oil.

**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 100</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 8 g</b>	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-10136 UPC: 0 59443 10136

## Natural Almond Butter SMOOTH · ROASTED

**INGREDIENTS:** Natural dry roasted almonds.

**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 100</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 8 g</b>	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-10137 UPC: 0 59443 10137

## Natural Almond Butter CRUNCHY · ROASTED

**INGREDIENTS:** Natural dry roasted almonds.

**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



## Organic Almond Butter 365g

Made in Canada with organic almonds, our almond butter is naturally low in saturated fat. This organic almond butter is satisfyingly rich and bursting with nutty flavour!



Certified Organic by QAI  
Certifié biologique par QAI



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### Organic Almond Butter 365g SMOOTH · RAW

**INGREDIENTS:** Organic raw almonds, organic sunflower oil.  
**Allergy Alert:** Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
<b>Calories 110</b>	
<b>Fat / Lipides 9 g</b>	13%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40123 UPC: 0 59443 40123



### Organic Almond Butter 365g CRUNCHY · ROASTED

**INGREDIENTS:** Organic almonds.  
**Allergy Alert:** Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
<b>Calories 100</b>	
<b>Fat / Lipides 8 g</b>	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40122 UPC: 0 59443 40122



### Organic Almond Butter 365g SMOOTH · ROASTED

**INGREDIENTS:** Organic almonds.  
**Allergy Alert:** Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
<b>Calories 100</b>	
<b>Fat / Lipides 8 g</b>	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3 g</b>	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 120 mg	3%
Calcium 56 mg	5%
Iron / Fer 0.57 mg	3%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40121 UPC: 0 59443 40121



## Gourmet Collection Chocolate Nut & Seed Butters

Our New World Chocolate Gourmet collection is a delicious nut butter with a twist! Made in Vancouver.



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\*Applicable to select nut butters

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 110</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7.99 g</b>	11%
Saturated / saturés 1 g	
+ Trans / trans 0 g	5%
<b>Carbohydrate / Glucides 6 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
<b>Protein / Protéines 1 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 8 mg</b>	0%
<b>Potassium 50 mg</b>	1%
<b>Calcium 30 mg</b>	2%
<b>Iron / Fer 0.72 mg</b>	4%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

### Organic Chocolate Coconut Tahini 365g

**INGREDIENTS:** Hulled Sesame Seeds\*, Coconut\*, Virgin Coconut Oil\*, Fair Trade Dark Chocolate\*. \*Organic Ingredients  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds

JIVA CODE: NEW-40059 UPC: 0 59443 40059



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 90</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 2 g	
+ Trans / trans 0 g	8%
<b>Carbohydrate / Glucides 6 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 80 mg</b>	2%
<b>Calcium 26 mg</b>	2%
<b>Iron / Fer 0.75 mg</b>	4%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

### Chocolate Almond Butter 365g

**INGREDIENTS:** Natural Almonds, Organic Fairtrade Chocolate.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

JIVA CODE: NEW-40056 UPC: 0 59443 40056



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 90</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 2 g	
+ Trans / trans 0 g	8%
<b>Carbohydrate / Glucides 6 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 147 mg</b>	3%
<b>Calcium 21.5 mg</b>	2%
<b>Iron / Fer 1.1 mg</b>	6%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

### Organic Chocolate Hazelnut Butter 365g

**INGREDIENTS:** Organic dry roasted Hazelnuts. Organic Fairtrade Chocolate.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

JIVA CODE: NEW-40057 UPC: 0 59443 40057



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 88</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	9%
Saturated / saturés 1.35 g	
+ Trans / trans 0 g	7%
<b>Carbohydrate / Glucides 5 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 3 g	3%
<b>Protein / Protéines 3 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 1 mg</b>	0%
<b>Potassium 86.6 mg</b>	2%
<b>Calcium 7.2 mg</b>	1%
<b>Iron / Fer 0.42 mg</b>	2%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

### Organic Chocolate Peanut Butter 365g

**INGREDIENTS:** Organic Peanuts, Organic Fairtrade Dark Chocolate.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

JIVA CODE: NEW-40053 UPC: 0 59443 40053



## Gourmet Collection Coconut & Seed Butters 365g

Our New World Coconut Gourmet collection is a delicious nut butter with a twist! Made in Vancouver.



newworldfoods.ca  
@newworldfoods

\*Applicable to select nut butters

**JIVA** ORGANICS

E: [orders@jivaorganics.ca](mailto:orders@jivaorganics.ca) W: [www.jivaorganics.ca](http://www.jivaorganics.ca) P: (604) 254-9480





Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 83</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 3 g	15%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 4 g</b>	??%
Fibre / Fibres 2 g	6%
Sugars / Sucres 2 g	2%
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 120 mg</b>	3%
<b>Calcium 56 mg</b>	4%
<b>Iron / Fer 0.57 mg</b>	3%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40048 UPC: 0 59443 40048

## Coconut Almond Butter 365g

**INGREDIENTS:** Natural almonds, organic coconut, organic agave syrup, extra virgin oil. **Allergy Alert:** Contains tree nuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 85</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3.6 g</b>	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 3 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 40 mg</b>	2%
<b>Potassium 46.8 mg</b>	1%
<b>Calcium 7.95 mg</b>	1%
<b>Iron / Fer 0.3 mg</b>	2%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40050 UPC: 0 59443 40050

## Coconut Peanut Butter 365g

**INGREDIENTS:** Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut, sea salt. **Allergy Alert:** Contains peanuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 85</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	9%
Saturated / saturés 2 g	10%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 3.6 g</b>	1%
Fibre / Fibres 1.2 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 3 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 5 mg</b>	0%
<b>Potassium 46.8 mg</b>	1%
<b>Calcium 7.95 mg</b>	1%
<b>Iron / Fer 0.3 mg</b>	2%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40051 UPC: 0 59443 40051

## Organic Coconut Peanut Butter 365g

**INGREDIENTS:** Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts and coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 110</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7.99 g</b>	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 6 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
<b>Protein / Protéines 1 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 8 mg</b>	0%
<b>Potassium 50 mg</b>	1%
<b>Calcium 30 mg</b>	2%
<b>Iron / Fer 0.72 mg</b>	4%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40058 UPC: 0 59443 40058

## Organic Coconut Tahini 365g

**INGREDIENTS:** Organic hulled sesame seeds, organic agave syrup, organic coconut, organic virgin coconut oil. **Allergy Alert:** Contains Coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 31</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 3 g	15%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 5 g</b>	2%
Fibre / Fibres 1 g	2%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 80 mg</b>	2%
<b>Calcium 7 mg</b>	0%
<b>Iron / Fer 0.75 mg</b>	4%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40080 UPC: 0 59443 40080

## Coconut Cashew Butter 365g

**INGREDIENTS:** Raw cashews, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains cashews & coconut. May contain traces of peanuts, other tree nuts or sesame seeds.



# Gourmet Collection Peanut Butters

Our organic gourmet collection is made in Vancouver. These nut butters are peanuts with a twist!



Certified Organic by QAI  
Certifié biologique par QAI



[newworldfoods.ca](http://newworldfoods.ca)  
[@newworldfoods](https://twitter.com/newworldfoods)

\* Applicable to select Peanut Butters







## Coconut Peanut Butter

### CRUNCHY UNSALTED

**INGREDIENTS:** Organic peanuts, organic coconut, organic agave syrup, extra virgin organic coconut oil, organic chia seeds.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts and sesame seeds.

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 85</b>			
<b>Fat / Lipides</b> 7 g		9%	
Saturated / saturés 2 g		10%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3.6 g	1%		
Fibre / Fibres 1.2 g	4%		
Sugars / Sucres 1 g	1%		
<b>Protein / Protéines</b> 3 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 40 mg	2%		
<b>Potassium</b> 46.8 mg	1%		
<b>Calcium</b> 7.95 mg	1%		
<b>Iron / Fer</b> 0.3 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40050 UPC: 0 59443 40050



## Coconut Peanut Butter

### SMOOTH UNSALTED

**INGREDIENTS:** Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts. May contain traces of tree nuts and sesame seeds.

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 85</b>			
<b>Fat / Lipides</b> 7 g		9%	
Saturated / saturés 2 g		10%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3.6 g	1%		
Fibre / Fibres 1.2 g	4%		
Sugars / Sucres 1 g	1%		
<b>Protein / Protéines</b> 3 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 5 mg	0%		
<b>Potassium</b> 46.8 mg	1%		
<b>Calcium</b> 7.95 mg	1%		
<b>Iron / Fer</b> 0.3 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40051 UPC: 0 59443 40051



## Chia Coconut Peanut Butter

**INGREDIENTS:** Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic coconut. **Allergy Alert:** Contains peanuts. May contain traces of tree nuts and sesame seeds.

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 85</b>			
<b>Fat / Lipides</b> 7 g		9%	
Saturated / saturés 2 g		10%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3.6 g	1%		
Fibre / Fibres 1.2 g	4%		
Sugars / Sucres 1 g	1%		
<b>Protein / Protéines</b> 3 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 5 mg	0%		
<b>Potassium</b> 46.8 mg	1%		
<b>Calcium</b> 7.95 mg	1%		
<b>Iron / Fer</b> 0.3 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40052 UPC: 0 59443 40052



## Chocolate Peanut Butter

**INGREDIENTS:** Organic peanuts, organic fair trade dark chocolate (cane sugar, cocoa liquor, cocoa powder, cocoa butter). Traded in compliance with Fairtrade standards. Total 25%.

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 88</b>			
<b>Fat / Lipides</b> 7 g		9%	
Saturated / saturés 1.35 g		7%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 5 g	2%		
Fibre / Fibres 1 g	4%		
Sugars / Sucres 3 g	3%		
<b>Protein / Protéines</b> 3 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 1 mg	0%		
<b>Potassium</b> 86.6 mg	2%		
<b>Calcium</b> 7.2 mg	1%		
<b>Iron / Fer</b> 0.42 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40053 UPC: 0 59443 40053



## Good Fats Peanut Butter

**INGREDIENTS:** Non-GMO peanuts, organic virgin coconut oil with medium chain triglycerides, avocado oil, tapioca root starch, organic brown flax seeds, organic black chia seeds, macadamia oil..

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 90</b>			
<b>Fat / Lipides</b> 8 g		12%	
Saturated / saturés 2 g		10%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 4 g	1%		
Fibre / Fibres 2 g	8%		
Sugars / Sucres 1 g	0%		
<b>Protein / Protéines</b> 3 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 1 mg	0%		
<b>Potassium</b> 100 mg	3%		
<b>Calcium</b> 10 mg	1%		
<b>Iron / Fer</b> 0.36 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40077 UPC: 0 59443 40077



## Protein Coconut Peanut Butter

**INGREDIENTS:** Organic peanuts, extra virgin organic coconut oil, organic agave syrup, organic pea protein, organic coconut, sea salt..

Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
		% Daily Value	% valeur quotidienne
<b>Calories 80</b>			
<b>Fat / Lipides</b> 7 g		11%	
Saturated / saturés 2 g		10%	
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 3 g	1%		
Fibre / Fibres 2 g	8%		
Sugars / Sucres 1 g	1%		
<b>Protein / Protéines</b> 5 g			
<b>Cholesterol / Cholestérol</b> 0 mg			
<b>Sodium</b> 40 mg	2%		
<b>Potassium</b> 100 mg	3%		
<b>Calcium</b> 0 mg	0%		
<b>Iron / Fer</b> 0.36 mg	2%		

\*5% or less is a little, 15% or more is a lot  
 \*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40081 UPC: 0 59443 40081



## Organic Hazelnut Butter

Finally, a pure hazelnut butter! Our organic hazelnut butter is made in Vancouver, Canada with organic dry-roasted hazelnuts & nothing else.



Certified Organic by QAI  
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\*Applicable to select nut butters

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### Nutrition Facts Valeur nutritive

Per 1 tbsp. (15 g) / par c. à soupe (15 g)

		% Daily Value % valeur quotidienne
<b>Calories</b> 83		
<b>Fat / Lipides</b> 7 g		11%
Saturated / saturés 3 g		15%
+ Trans / trans 0 g		
<b>Carbohydrate / Glucides</b> 4 g		??%
Fibre / Fibres 2 g		6%
Sugars / Sucres 2 g		2%
<b>Protein / Protéines</b> 2 g		
<b>Cholesterol / Cholestérol</b> 0 mg		
<b>Sodium</b> 0 mg		0%
<b>Potassium</b> 120 mg		3%
<b>Calcium</b> 56 mg		4%
<b>Iron / Fer</b> 0.57 mg		3%

\*5% or less is a **little**, 15% or more **is a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40057 UPC: 0 59443 40057

### Organic Chocolate Hazelnut Butter 365g

**INGREDIENTS:** Organic dry roasted hazelnuts, organic fair trade dark chocolate (cane sugar, cocoa liquor, cocoa powder, cocoa butter). Traded in compliance with Fairtrade standards. Total 40%. Visit [www.info.fairtrade.net](http://www.info.fairtrade.net).

**Allergy Alert:** Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.



### Nutrition Facts Valeur nutritive

Per 1 tbsp. (15 g) / par c. à soupe (15 g)

		% Daily Value % valeur quotidienne
<b>Calories</b> 97		
<b>Fat / Lipides</b> 9.36 g		12%
Saturated / saturés 0.68 g		3%
+ Trans / trans 0 g		
<b>Carbohydrate / Glucides</b> 2.64 g		1%
Fibre / Fibres 0.9 g		3%
Sugars / Sucres 0.73 g		1%
<b>Protein / Protéines</b> 2.25 g		
<b>Cholesterol / Cholestérol</b> 0 mg		
<b>Sodium</b> 0 mg		0%
<b>Potassium</b> 113 mg		2%
<b>Calcium</b> 18.5 mg		1%
<b>Iron / Fer</b> 0.66 mg		4%

\*5% or less is a **little**, 15% or more **is a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40055 UPC: 0 59443 40055

### Organic Hazelnut Butter 365g

**INGREDIENTS:** Organic dry roasted hazelnuts.

**Allergy Alert:** Contains tree nuts. May contain traces of peanuts, other tree nuts or sesame seeds.





## Organic Seed Butters

Add our deliciously seed butters to your smoothies, bread, dips, oatmeal, and baked goods for a flavourful nutrition



Certified Organic by QAI  
Certifié biologique par QAI



KOSHER  
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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 87</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	9%
Saturated / saturés 0.6 g	
+ Trans / trans 0 g	3%
<b>Carbohydrate / Glucides 1 g</b>	0%
Fibre / Fibres 1 g	3%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 5 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 166 mg</b>	4%
<b>Calcium 11 mg</b>	1%
<b>Iron / Fer 1.67 mg</b>	9%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40074 UPC: 0 59443 40074

## Organic Hemp Nut Butter 365g

INGREDIENTS: Organic hemp seeds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 90</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 1.5 g	
+ Trans / trans 0 g	8%
<b>Carbohydrate / Glucides 2 g</b>	0%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 5 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 120 mg</b>	3%
<b>Calcium 8 mg</b>	0%
<b>Iron / Fer 1.2 mg</b>	6%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40078 UPC: 0 59443 40078

## Organic Pumpkin Seed Butter 365g

INGREDIENTS: Organic dry roasted pumpkin seeds.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 90</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7 g</b>	11%
Saturated / saturés 1.5 g	
+ Trans / trans 0 g	8%
<b>Carbohydrate / Glucides 2 g</b>	0%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 5 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
<b>Potassium 120 mg</b>	3%
<b>Calcium 8 mg</b>	0%
<b>Iron / Fer 1.2 mg</b>	6%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40049 UPC: 0 59443 40049

## Organic Pumpkin Seed Butter 365g

INGREDIENTS: Organic raw mechanically hulled pumpkin seeds, Organic sunflower oil.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
<b>Calories 86.3</b>	% Daily Value % valeur quotidienne
<b>Fat / Lipides 7.2 g</b>	10%
Saturated / saturés 1.65 g	
+ Trans / trans 0 g	8%
<b>Carbohydrate / Glucides 4.5 g</b>	2%
Fibre / Fibres 0.17 g	1%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines 2.52 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0.75 mg</b>	0%
<b>Potassium 14.6 mg</b>	0%
<b>Calcium 15.5 mg</b>	1%
<b>Iron / Fer 0.63 mg</b>	4%
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b> *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

JIVA CODE: NEW-40075 UPC: 0 59443 40075

## Organic Sunflower Seed Butter

INGREDIENTS: Organic sunflower seeds, organic virgin coconut oil, organic agave syrup, organic coconut.

Allergy Alert: Contains Coconut. May contain traces of peanuts, other tree nuts or sesame seeds. Oil separation occurs naturally. Stir before using. Keep in a cool, dry place.



## Organic Sesame Tahini 365g

Say goodbye to bland meals! Our organic raw tahini will add a creamy kick to your dressings, noodles, quinoa, dips, pitas, hummus, and roasted vegetables.



Certified Organic by QAI  
Certifié biologique par QAI



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\*Applicable to select nut butters

JIVA ORGANICS

E: orders@jivaorganics.ca W: www.jivaorganics.ca P: (604) 254-9480





Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 3 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40079 UPC: 0 59443 40079

## Organic Sesame Tahini **WHOLE** 365g

**INGREDIENTS:** Organic whole sesame seeds & organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40072 UPC: 0 59443 40072

## Organic Sesame Tahini **ROASTED** 365g

**INGREDIENTS:** Organic roasted hulled sesame seeds & organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 101	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	12%
Saturated / saturés 1.5 g	8%
+ Trans / trans 0 g	
Carbohydrate / Glucides 2.55 g	1%
Fibre / Fibres 0 g	0%
Sugars / Sucres 0 g	0%
Protein / Protéines 2.55 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 68.4 mg	1%
Calcium 204 mg	16%
Iron / Fer 1 mg	6%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40079 UPC: 0 59443 40079

## Organic Black Sesame Tahini 365g

**INGREDIENTS:** Organic unhulled black sesame seeds and organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40059 UPC: 0 59443 40059

## Organic Chocolate Coconut Tahini 365g

**INGREDIENTS:** Organic hulled sesame seeds, organic coconut, organic virgin coconut oil, organic fair trade dark chocolate  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 9 g	13%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 5 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
Protein / Protéines 4 g	
Cholesterol / Cholestérol 0 mg	
Sodium 0 mg	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40073 UPC: 0 59443 40073

## Organic Sesame Tahini **RAW** 365g

**INGREDIENTS:** Organic raw hulled sesame seeds & organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 110	% Daily Value % valeur quotidienne
Fat / Lipides 7.99 g	11%
Saturated / saturés 1 g	5%
+ Trans / trans 0 g	
Carbohydrate / Glucides 6 g	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 4 g	4%
Protein / Protéines 1 g	
Cholesterol / Cholestérol 0 mg	
Sodium 8 mg	0%
Potassium 50 mg	1%
Calcium 30 mg	2%
Iron / Fer 0.72 mg	4%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40058 UPC: 0 59443 40058

## Organic Coconut Tahini 365g

**INGREDIENTS:** Organic hulled sesame seeds, organic agave syrup, organic coconut, organic virgin coconut oil seeds, Organic sunflower oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts



## Organic Sesame Tahini 500g

Say goodbye to bland meals! Our organic raw tahini will add a creamy kick to your dressings, noodles, quinoa, dips, pitas, hummus, and roasted vegetables.



Certified Organic by QAI  
Certifié biologique par QAI



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
<b>Calories 110</b>	
<b>Fat / Lipides 9 g</b>	13%
Saturated / saturés 1 g	
+ Trans / trans 0 g	5%
<b>Carbohydrate / Glucides 5 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40012 UPC: 0 59443 40012

## Organic Sesame Tahini **RAW** 500g

**INGREDIENTS:** Organic raw hulled sesame seeds & organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
	% Daily Value % valeur quotidienne
<b>Calories 110</b>	
<b>Fat / Lipides 9 g</b>	13%
Saturated / saturés 1 g	
+ Trans / trans 0 g	5%
<b>Carbohydrate / Glucides 5 g</b>	2%
Fibre / Fibres 1 g	4%
Sugars / Sucres 0 g	0%
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 0 mg</b>	0%
Potassium 63 mg	2%
Calcium 64 mg	6%
Iron / Fer 0.38 mg	2%

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40016 UPC: 0 59443 40016

## Organic Sesame Tahini **ROASTED** 500g

**INGREDIENTS:** Organic roasted hulled sesame seeds & organic sesame oil.  
**Allergy Alert:** May contain traces of peanuts, other tree nuts or other seeds.





## Natural Peanut Butters 1kg

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



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[@newworldfoods](https://www.instagram.com/newworldfoods)





Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40018 UPC: 0 59443 40018



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40019 UPC: 0 59443 40019

## Natural Peanut Butter CRUNCHY · SALTED 1kg

INGREDIENTS: Dry roasted peanuts, sea salt.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds

## Natural Peanut Butter SMOOTH · SALTED 1kg

INGREDIENTS: Organic dry roasted peanuts, sea salt.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40016 UPC: 0 59443 40016



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40017 UPC: 0 59443 40017

## Natural Peanut Butter CRUNCHY · UNSALTED 1kg

INGREDIENTS: Dry roasted peanuts.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds

## Natural Peanut Butter SMOOTH · UNSALTED 1kg

INGREDIENTS: Dry roasted peanuts.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



## Natural Peanut Butters 2kg

Made in Vancouver by New World Foods, a Canadian family company. No palm oil and no nasties.



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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40001 UPC: 0 59443 40001

## Natural Peanut Butter CRUNCHY · SALTED 2kg

INGREDIENTS: Dry roasted peanuts, sea salt.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40002 UPC: 0 59443 40002

## Natural Peanut Butter SMOOTH · SALTED 2kg

INGREDIENTS: Organic dry roasted peanuts, sea salt.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40004 UPC: 0 59443 40004

## Natural Peanut Butter CRUNCHY · UNSALTED 2kg

INGREDIENTS: Dry roasted peanuts.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g + Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
<b>Potassium</b> 100 mg	2%
<b>Calcium</b> 7 mg	1%
<b>Iron / Fer</b> 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40005 UPC: 0 59443 40005

## Natural Peanut Butter SMOOTH · UNSALTED 2kg

INGREDIENTS: Dry roasted peanuts.  
Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



## Natural Peanut Butters 500g

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Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a **little**, 15% or more is **a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40011 UPC: 0 59443 40011

## Natural Peanut Butter CRUNCHY · SALTED 500g

INGREDIENTS: Dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a **little**, 15% or more is **a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40015 UPC: 0 59443 40012

## Natural Peanut Butter SMOOTH · SALTED 500g

INGREDIENTS: Organic dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a **little**, 15% or more is **a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40014 UPC: 0 59443 40014

## Natural Peanut Butter CRUNCHY · UNSALTED 500g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	3%
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a **little**, 15% or more is **a lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40015 UPC: 0 59443 40015

## Natural Peanut Butter SMOOTH · UNSALTED 500g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds





## Natural Peanut Butters 750g

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Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	40 mg	2%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40096 UPC: 0 59443 40096

## Natural Peanut Butter

### CRUNCHY · SALTED 750g

INGREDIENTS: Dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	40 mg	2%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40097 UPC: 0 59443 40097

## Natural Peanut Butter

### SMOOTH · SALTED 750g

INGREDIENTS: Organic dry roasted peanuts, sea salt.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg	0%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40094 UPC: 0 59443 40094

## Natural Peanut Butter

### CRUNCHY · UNSALTED 750g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg	0%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40095 UPC: 0 59443 40095

## Natural Peanut Butter

### SMOOTH · UNSALTED 750g

INGREDIENTS: Dry roasted peanuts.

Allergy Alert: May contain traces of peanuts, other tree nuts or other seeds



## Organic Peanut Butter 1kg

Old fashioned organic peanut butter as nature intended. Made in Vancouver with 100% organic dry roasted peanuts and nothing else, our organic peanut butter is deliciously rich and nutty.



Certified Organic by QAI  
Certifié biologique par QAI



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JIVA ORGANICS





**Organic Peanut Butter 1kg**  
**SMOOTH · UNSALTED**

**INGREDIENTS:** Organic dry roasted peanuts.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40194 UPC: 0 59443 40194



**Organic Peanut Butter 1kg**  
**SMOOTH · SALTED**

**INGREDIENTS:** Organic dry roasted peanuts,  
sea salt.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40195 UPC: 0 59443 40195



**Organic Peanut Butter 1kg**  
**SMOOTH · UNSALTED**

**INGREDIENTS:** Organic dry roasted peanuts.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 0 mg	0%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40196 UPC: 0 59443 40196



**Organic Peanut Butter 1kg**  
**SMOOTH · SALTED**

**INGREDIENTS:** Organic dry roasted peanuts,  
sea salt.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.

Nutrition Facts Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)	
Calories 100	% Daily Value % valeur quotidienne
<b>Fat / Lipides</b> 8 g	12%
Saturated / saturés 0.5 g	
+ Trans / trans 0 g	3%
<b>Carbohydrate / Glucides</b> 3 g	1%
Fibre / Fibres 1 g	4%
Sugars / Sucres 1 g	1%
<b>Protein / Protéines</b> 4 g	
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium</b> 40 mg	2%
Potassium 100 mg	2%
Calcium 7 mg	1%
Iron / Fer 0.36 mg	2%

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

JIVA CODE: NEW-40197 UPC: 0 59443 40197



## Organic Peanut Butter 500g

Old fashioned organic peanut butter as nature intended. Made in Vancouver with 100% organic dry roasted peanuts and nothing else, our organic peanut butter is deliciously rich and nutty.



Certified Organic by QAI  
Certifié biologique par QAI



[newworldfoods.ca](http://newworldfoods.ca)  
[@newworldfoods](https://www.instagram.com/newworldfoods)

**JIVA**   
ORGANICS

E: [orders@jivaorganics.ca](mailto:orders@jivaorganics.ca) W: [www.jivaorganics.ca](http://www.jivaorganics.ca) P: (604) 254-9480



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg	0%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40190 UPC: 0 59443 40190

### Organic Peanut Butter 500g SMOOTH · UNSALTED

**INGREDIENTS:** Organic dry roasted peanuts.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	40 mg	2%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40191 UPC: 0 59443 40191

### Organic Peanut Butter 500g SMOOTH · SALTED

**INGREDIENTS:** Organic dry roasted peanuts, sea salt.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	0 mg	0%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40192 UPC: 0 59443 40192

### Organic Peanut Butter 500g SMOOTH · UNSALTED

**INGREDIENTS:** Organic dry roasted peanuts.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.



Nutrition Facts		Valeur nutritive	
Per 1 tbsp. (15 g) / par c. à soupe (15 g)			
Calories	100	% Daily Value	% valeur quotidienne
Fat / Lipides	8 g	12%	
Saturated / saturés	0.5 g	3%	
+ Trans / trans	0 g		
Carbohydrate / Glucides	3 g	1%	
Fibre / Fibres	1 g	4%	
Sugars / Sucres	1 g	1%	
Protein / Protéines	4 g		
Cholesterol / Cholestérol	0 mg		
Sodium	40 mg	2%	
Potassium	100 mg	2%	
Calcium	7 mg	1%	
Iron / Fer	0.36 mg	2%	

\*5% or less is a **little**, 15% or more is a **lot**  
\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

JIVA CODE: NEW-40193 UPC: 0 59443 40193

### Organic Peanut Butter 500g SMOOTH · SALTED

**INGREDIENTS:** Organic dry roasted peanuts, sea salt.  
**Allergy Alert:** Contains peanuts. May contain traces of tree nuts or sesame seeds.